



Awards & Recognitions

Best Place to Eat If On South Beach Diet - Sun Post 2004

The Hippest Place with a Healthy Taste - Wire 2006

Best Healthy Fast Food - Miami New Times 2005

Best Mediterranean Fast Food - Sun Post 2007

Author's Choice - Lonely Planet (Florida) 2006

City's Best - AOL City Guide 2005 & 2006

Best Healthy Fast Food - Sun Post 2005

Best Falafel - Miami New Times 2004

Best Value - Zagat's 2006, 2007, 2008



Healthy Appetizers

spreads and cheeses served with pasha's pita
add an extra pita: \$0.50

-  **hoummus** 3.45
chickpea and tahini spread
-  **baba ghanoush** 3.45
roasted eggplant and tahini spread
-  **labneh** 3.95
natural yogurt cheese spread sprinkled with sesame based spice
-  **muhammara** 4.45
a traditional tangy walnut spread
-  **feta cheese** 3.95
traditional mediterranean white cheese
-  **mediterranean olives** 3.95
traditional mediterranean olives
-  **falafel** 3.45
chickpea vegetable croquettes with tahini sauce
-  **pasha's spread sampler** 10.95
hoummus, labneh, muhammara, baba ghanoush served with three pita breads

Homemade Soup & Yani (Stew)





substitute rice for bulgur: \$0.50

-  **lentil soup** 3.95
homemade, slow cooked lentils, carrots, onions, and herbs
-  **lentil yani** 5.95
fresh vegetable and lentil stew with basmati rice
- classic yani** 6.95
pasha's premium beef and bean stew with basmati rice
- chicken yani** 6.95
pasha's spicy ground 100% chicken breast and vegetable stew with basmati rice

Healthy Wraps

wrapped in pasha's home style flatbread with sauce:
tatziki (yogurt) · aioli (garlic mayo) · harissa (warm spicy tomato)
substitution of sauce available upon request

Vegetarian

-  **falafel wrap** 3.95
chickpea vegetable croquettes with tomatoes, tahini sauce
-  **hoummus wrap** 3.95
chickpea spread with tomatoes, bell peppers, and olives
-  **grilled veggie wrap** 4.95
grilled tomatoes, zucchini, mushrooms, onions, bell peppers with extra virgin olive oil, and lemon juice
-  **feta cheese wrap** 4.95
feta cheese with tomatoes and cucumbers, and fresh mint

Chicken

- chicken shish wrap** 5.95
charbroiled marinated pieces of 100% chicken breast with grilled tomatoes, bell peppers, onions, and aioli sauce
- chicken adana wrap** 6.95
charbroiled seasoned ground 100% chicken breast with grilled tomatoes, lettuce, and aioli sauce
- spicy chicken adana wrap** 6.95
charbroiled seasoned ground 100% chicken breast with grilled tomatoes, lettuce, and harissa sauce
- spicy chicken paella wrap** 7.95
marinated grilled pieces of 100% chicken breast, with grilled vegetables, spicy harissa sauce, and basmati rice

Beef

- beef adana wrap** 5.95
charbroiled lean seasoned ground beef kebab with grilled tomatoes, lettuce, and aioli sauce
- spicy beef adana wrap** 5.95
charbroiled lean seasoned ground beef kebab with grilled tomatoes, lettuce, and harissa sauce
- filet mignon wrap** 7.95
charbroiled marinated pieces of filet mignon with grilled tomatoes, bell peppers, onions, and tatziki sauce

Salmon

- salmon wrap** 7.95
marinated grilled pieces of atlantic salmon with grilled tomatoes, bell peppers, onions, and aioli sauce
- spicy salmon paella wrap** 7.95
marinated grilled pieces of atlantic salmon with grilled vegetables, spicy harissa sauce, and basmati rice

 **vegetarian - contains no meat**

Healthy Sides

-  **basmati rice** 1.95
finest quality Himalayan long grain white rice
-  **tatziki** 2.45
natural yogurt with cucumbers
-  **bulgur pilaf** 2.95
cracked wheat with vegetables
-  **grilled vegetable medley** 3.95
grilled tomatoes, zucchini, mushrooms, onions, bell peppers,
-  **basmati rice with tatziki** 4.95
natural yogurt with cucumbers with basmati rice
-  **bulgur pilaf with tatziki** 5.45
natural yogurt with cucumbers with bulgur pilaf

Fresh Salads

add any meat: \$4.50 · add feta cheese: \$1.00
add a pita: \$0.50

- **mediterranean garden salad** 4.45
romaine lettuce, cherry tomatoes, carrots, and bell peppers with our mild citrus dressing
- **choban** 4.95
tomatoes, cucumbers, bell peppers, onions, herbs, and olives tossed in traditional extra virgin olive oil dressing
- **tabbouleh (limited availability)** 5.95
cracked wheat, parsley, tomatoes, and bell peppers with our extra virgin olive oil and lemon dressing

From our Bakery

unique mediterranean pizzas, and breads
baked in our stone oven · add a pita: \$0.50

- **simit** 2.95
traditional sesame covered ring shaped bread
- lahmajin** 4.95
thin village bread topped with seasoned ground beef, finely chopped tomatoes, onions, and bell peppers
- **pasha's traditional pide** 6.95
pasha's pizza boat with mild cheeses with sesame
- **pasha's veggie pide** 7.95
pasha's traditional pide topped with tomatoes, bell peppers, onions, and sliced olives
- **pasha's olive pide** 7.95
pasha's traditional pide topped with tomatoes and sliced olives
- **pasha's mushroom pide** 8.95
pasha's traditional pide topped with grilled mushrooms

 **vegetarian - contains no meat**

Grilled Kebab Platters

served with basmati rice, pita bread, and sauces:
tatziki (yogurt) · aioli (garlic mayo) · harissa (warm spicy tomato)
substitution of the following available upon request
sauce: no charge · bulgur: \$0.50 · salad for rice & veggie: \$1.00
extra meat: \$4.50 · extra pita: \$0.50

Vegetarian

- vegetarian kebab 8.95
falafel with grilled tomatoes, zucchini, mushrooms, onions, bell peppers, bulgur pilaf, and tahini sauce

Chicken

- chicken adana kebab 9.95
a traditional mildly spicy ground 100% chicken breast kebab with grilled vegetables and aioli sauce
- chicken shish kebab 10.95
charbroiled marinated pieces of 100% chicken breast with grilled vegetables and aioli sauce

Beef

- beef adana kebab 9.95
a traditional mildly spicy lean ground beef kebab with grilled vegetables, and tatziki sauce
- filet mignon shish kebab 11.95
charbroiled marinated pieces of filet mignon with grilled vegetables and tatziki sauce

Lamb

- lamb chops 15.95
marinated charbroiled lamb chops served with grilled vegetables and tatziki sauce

Salmon

- salmon shish kebab 11.95
charbroiled marinated pieces of fresh atlantic salmon with grilled vegetables and aioli sauce

House Special

- mixed grill shish kebab 11.95
kebab combination of marinated pieces of filet mignon, and 100% chicken breast with grilled vegetables and tatziki sauce
- mixed grill adana kebab 9.95
a traditional mildly spicy kebab combination of ground 100% chicken breast and lean ground beef with grilled vegetables and aioli sauce

vegetarian - contains no meat

All Natural Desserts

- daily nut bread 2.45
baked fresh daily in our bakery
- milate 3.45
oven baked caramelized milk flan with pistachios
- chocomousse 3.95
pasha's chocolate mousse with fine european chocolate
- nutelino 4.45
thin sheets of pastry with walnuts and homemade syrup
- fresh fruits 4.45
freshly cut seasonal fruits

Fresh-Squeezed Juices

- orange juice 2.50
- tangerine juice (seasonal) 3.25
- melon juice 4.45
- apple juice 4.45
- pineapple juice 4.45
- apple-pineapple juice 4.45
- home-style lemonade 2.00

Starbucks® Beverages

- fresh-brewed coffee - caffè verona 1.50
- espresso 2.00
- cappuccino 3.00
- latté or iced latté 3.00
- caramel or iced caramel macchiato 3.50
- caffé mocha or iced caffè mocha 3.50
- hot chocolate 2.50
- hot tea - tazo® 1.50

Water & Fresh Ice Tea

- fresh brewed iced tea 1.85
- bottled water - fiji® 1.85
- bottled water - perrier® 1.85

Beer, Wine & Champagne

- | | glass | bottle |
|--------------------------------------|-------|--------|
| heineken, amstel light, corona, efes | | 4.00 |
| pinot grigio - stone cellars | 5.00 | 21.00 |
| chardonnay - summerland | 8.00 | 29.00 |
| merlot - meridian | 6.00 | 26.00 |
| cabernet sauvignon - summerland | 8.00 | 29.00 |
| champagne - brut | 8.00 | 30.00 |

Delivery available: \$2.00

Call Restaurants at:

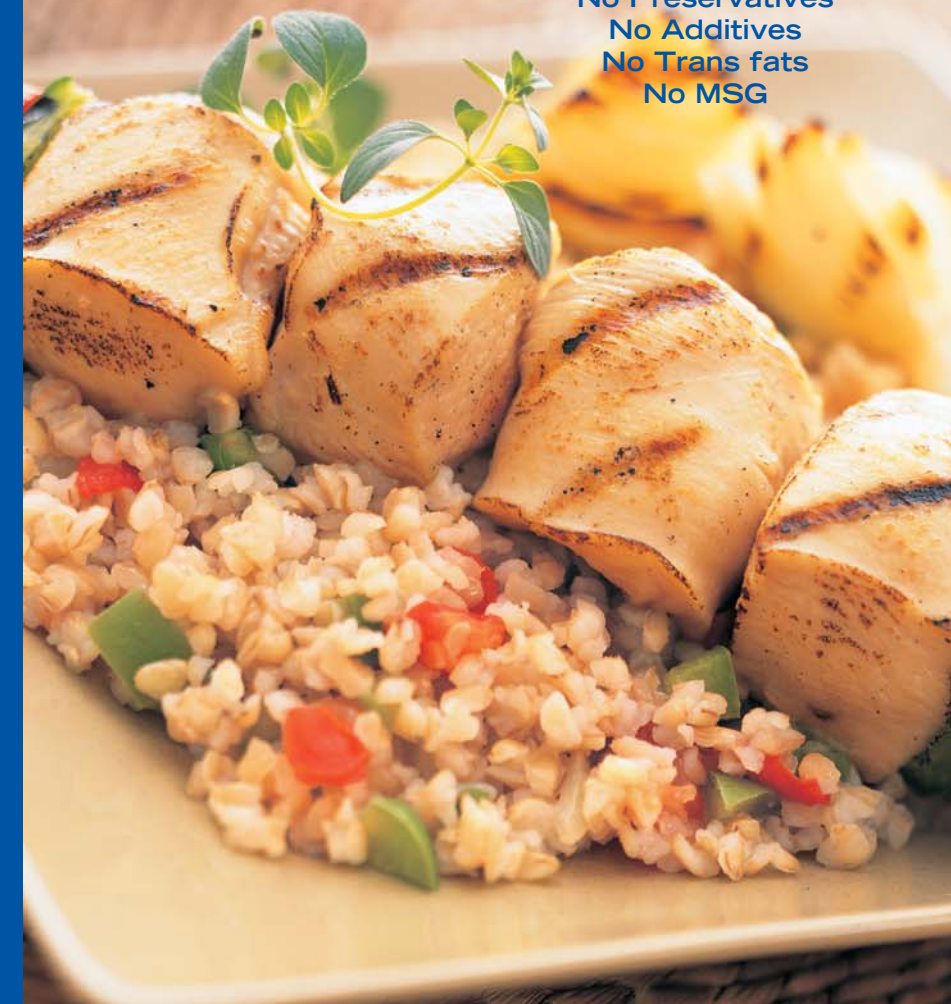
The Sports Club/LA Aventura Mall 900 Lincoln Road 1414 Brickell Avenue 14871 Biscayne Blvd. 3801 N Miami Avenue Medical Wellness Center Catering@pashas.com	Four Seasons Hotel Aventura Miami Beach Miami Financial District North Miami Beach Miami Design District University of Miami Catering	305-533-1199 305-917-4007 305-673-3919 305-416-5116 786-923-2323 305-573-0201 305-243-7693 305-572-1150
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Lunch & Dinner
Catering & Delivery Available

Pasha's®

Healthy Mediterranean Cuisine

ALL NATURAL
Freshly Prepared
No Preservatives
No Additives
No Trans fats
No MSG



chicken shish kebab with bulgur

"Pasha's serves healthy and delicious Mediterranean food, proving once again the two are never mutually exclusive"
Arthur Agatston, M.D. - South Beach Diet Cookbook